



City of Post Falls

Parks & Recreation Department
Recreation Division

Dear Counselor-In-Training applicants and families:

Thank you for your interest in the Camp Ka-Mee-Lin Counselor-In-Training (CIT) program. This program is an awesome opportunity for you to take on responsibility, work with young children, be safety conscious, and become a leader. Your interest in participating in the program speaks well of your character and we look forward to meeting you.

Being a CIT at Camp Ka-Mee-Lin will be a challenging, rewarding, and fun experience. Your days as a CIT will be packed with a wide variety of activities and opportunities to learn. It is critical to understand that being a CIT is a big responsibility. Please read over the items listed below with your family before you apply to become a CIT. Be sure that you are willing and prepared to meet the challenges presented by this position. Treat the interview as if it were a job interview—arrive on time, dressed neatly, prepared, and ready to tell us why you are the right person for the position.

1. A CIT must always be willing to participate with enthusiasm.

- **Enthusiasm is part of leadership and is a requirement.**

2. A CIT must always come to camp prepared.

- **Required items: appropriate clothing, swimsuit, towel, backpack, lunch and a positive attitude.**

3. CIT behavior standards are dramatically higher than they are for campers.

- **There will be little tolerance for misbehavior amongst CIT's.**

4. CIT's are expected to come to camp ready to learn every day.

- **We'll provide the opportunity and the guidance; you bring the right attitude.**

If you're ready to take on the challenge of being a CIT then it's time to fill out your application. Once completed, please email it to recreation@postfallsidaho.org or mail it to the address at the bottom of your application. Once we receive this information, we will call you to set-up your interview day and time.

Thank you again for your interest in becoming a CIT at Camp Ka-Mee-Lin.

Sincerely,

Carter Casidy
Camp Director
Post Falls Parks and Recreation
Phone: (208) 773-0539

CIT Program Frequently Asked Questions

What is the time commitment of a CIT?

CITs must attend all pre-season training sessions. After the completion of training, CITs will be able to shadow Summer Camp Counselor Staff. CITs are required to volunteer for at least 2 sessions/weeks of camp. A CIT schedule during a week is 5 days at 9 hours per day. CITs can volunteer for additional weeks, beyond the minimum two, if available.

What kind of training will a CIT receive?

You will find the training schedule below for the Counselor-In-Training Program. Attendance to all training sessions is required. If you are unable to make any of these trainings due to prior commitment, please inform Carter Casidy at (208) 773-0539 or by email at ccasidy@postfallsidaho.org as soon as possible. It is expected that you arrive on time for each training session ready to learn. This program is participatory and very hands on. Being a CIT is a position that requires you to be outgoing and active, and so does this training.

Tuesday, May 19 5:00pm - 7:00pm Post Falls City Hall	Welcome to the CIT Program! This first day of class we will spend time getting to know each other through fun games and activities. We will review the Counselor-in-Training program and talk about what you can expect to learn as a CIT. We will also talk about what is expected of you as program participants. You will be given a CIT Manual that you need to bring with you to each class.
Monday, May 25 5:00pm - 9:00pm Post Falls City Hall	All Camp Staff Training. Get to know the counselors and junior counselors you will be working with this summer!
Tuesday, May 26 5:00pm - 8:00pm Trailhead Event Center	CPR/First Aid Certification Training. After the completion of this class you will be certified in CPR and First Aid.
Saturday, May 30 9:00am - 2:00pm Kiwanis Park	On-Site Work Training. Get a tour of Camp and learn the how-to's of our daily activities.
Tuesday, June 2 6:00pm - 8:00pm Raptor Reef	Water Safety Training During this class you will learn how to effectively monitor a group of children around water. You will learn what your responsibilities are in an emergency situation and how to respond if an emergency occurs.

Training dates are subject to change based on COVID19 restrictions

What should CITs bring to camp every day?

- Swimsuit and towel
- Snacks and a lunch in a lunch box
- Sunscreen
- Positive attitude

**Camp Ka-Mee-Lin
Counselor-In-Training Application**

Name: _____ Date: _____

Address: _____ City: _____ State: _____

Phone: (____) _____ School: _____ Grade: _____

E-Mail address: _____

I check my e-mail (please circle): daily weekly never

Year in the CIT program (please circle): 1st 2nd 3rd

Applicant Info:

(1) Why do you want to be a CIT?

(2) Do you have experience working with children? If so, what has it taught you?

(3) What are your strengths? How do you think they will be helpful to be a successful CIT?

(4) Do you have experience as a leader? If so, describe when and what it has taught you.

(5) Who is a role model to you? What makes her/him a good role model?

(6) How would your teachers describe you?

(7) How do you spend your spare time (include extra-curricular activities)?

Please email the application to recreation@postfallsidaho.org. If you do not receive a response within two business days, it means we have not received your application. To confirm receipt, call Carter at (208) 773-0539.

****Deadline May 8th, 2020****

Camp Shadow Request Form

Name: _____

Weeks	Dates	X = Request To Shadow
1	June 8-12	
2	June 15-19	
3	June 22-26	
4	June 29 - July 2	
5	July 6-10	
6	July 13-17	
7	July 20-24	
8	July 27- 31	
9	Aug. 3-7	
10	Aug. 10-14	
11	Aug. 17-21	

There are only 2-4 CIT shifts available per week, so please put an “X” next to the weeks that you are interested in shadowing Please make any notes on this page that will help me while scheduling (transportation considerations, siblings at camp, etc.) We will let you know in advance what weeks you are scheduled to work.

Please return this form completed with your application.

Additional notes for consideration:
