



# Proclamation

## Suicide Prevention Awareness Day

Whereas, suicide is one of the most disruptive and tragic events a family and community can experience and there are 44,965 plus reported suicide deaths per year in this nation and over 40 reported suicide deaths in Kootenai County last year; and

Whereas, suicide is the 10<sup>th</sup> leading cause of deaths in the United States and the 8<sup>th</sup> leading cause of deaths among people in Idaho; and

Whereas, Idaho consistently ranks in the top 10 states with the highest suicide rates and Kootenai County's suicide rate is almost twice the national average representing not only waste of human life; but untold suffering for the families and friends of those who die in this tragic way; and

Whereas, for every completed suicide there are 25 attempts; and

Whereas, public awareness of this terrible problem is the key to preventing further suffering and loss of life; and the risk for human self-destruction can be reduced through awareness, education and treatment; and

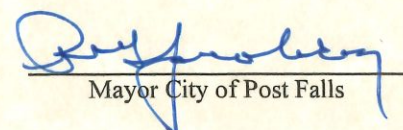
Whereas, the Suicide Prevention Action Network of North Idaho (SPAN of North Idaho) is a collaboration of Idahoans from the five northern counties committed to working together to eliminate the stigma of suicide, educate the community about the warning signs of suicide, and ultimately reduce the suicide rate in our state; and

Whereas, the Suicide Prevention Action Network of North Idaho is committed to excellence in suicide prevention, intervention, postvention, and suicide survivor support; and

Whereas, the Suicide Prevention Action Network of North Idaho is hosting the 11<sup>th</sup> annual Break the Silence 5k walk on September 14<sup>th</sup> in Coeur d'Alene to raise awareness of suicide, suicide prevention, and most of all to remember those lost to the tragedy of suicide,

Now, therefore, the City of Post Falls, does hereby proclaim September 14, 2019 as **SUICIDE PREVENTION AWARENESS DAY**, and encourages all citizens to join us in this worthy observance.

Dated this 3<sup>rd</sup> of Sept, 2019.

  
Mayor City of Post Falls